



# Build on the Rock

Doctrinal Lesson  
Series 2023

## Lesson 1:

### "The Book to Build Your Life Upon"



One of the wonderful freedoms that God has given us is the freedom to choose how we want to live our lives. We can live how we choose in this world, but the lifestyle we choose has good and bad consequences. For guidance, some people choose to mold their life after self help books, philosophical books, famous people, wealthy people, religious people or religious books. Out of all the things to build your life upon, the BIBLE is the BEST CHOICE and this lesson will tell you why. Complete this lesson with the King James version Bible and find out why!

1) What fact of life is spoken of in the following texts: Ecclesiastes 3:20 and 1 Peter 1:24?

- A) People have to work to survive in life.
- B) Everyone is growing older and will die one day.
- C) Only the strongest species of life will survive in this world.

2) What hope does the Bible give concerning death? -1 John 2:17, Romans 6:23 \_\_\_\_\_



\*Explanation: In order to find meaningful purpose in life, one must understand 3 very important Truths. These are: How did I get here? What is my purpose for being here? Where am I going after death? The Bible gives the answer for all 3 of those questions and gives us hope of a better after life!

3) Is erring sinful man the author of the Bible? Who is the true Author of the Bible? - "Knowing this first, that no prophecy of the scripture is of any \_\_\_\_\_. For the prophecy came not in old time by the will of \_\_\_\_: but holy \_\_\_\_\_ of God spake as they were moved by the \_\_\_\_\_." -2 Peter 1:20-21

**\*Explanation:** Contrary to popular belief, man is NOT the author of the Bible. The Bible says that “holy men of God spake as they were moved by the Holy Ghost.” God’s spirit revealed unto his prophet exactly what to write, therefore, the Holy Spirit is the true author of the Bible!

**\*Fact:** The amazing fact about the Bible is that the Bible was written by 40 prophets from different parts of the world, who lived over a period of 1500 years, yet they NEVER contradicted each other!

**4) How wise and knowledgeable is God that would make the Bible a book to build your whole life upon?** “O the depth of the riches both of the \_\_\_\_\_ and \_\_\_\_\_ of God! how unsearchable are his judgments, and his ways \_\_\_\_\_!” -Romans 11:33

**\*Explanation:** God is so wise and powerful that He literally spoke the world into existence with all the forms of life on the planet. (See Psalm 33:6-9). He also sustains all life on this planet and keeps the earth in orbit around the sun. (See Colossians 1:15-17 & Hebrews 1:1-3) If anyone would know what is best for us it would be God. Just as the car manufacturer knows the best ways to maintain their cars, God knows what type of life is best for everyone of us. This is why we study God’s instruction manual -- the Holy Bible!



The owner's manual for the human race is the Holy Bible!

**5) What principles of love does the Bible teach that proves it's truthfulness?**

Matthew 6:14, 15 - You must “f\_\_r\_\_iv\_\_” others if you want to be f\_\_gi\_\_en.

Matthew 5:38, 39 - When people do wrong to you, “t\_\_n” the other “c\_\_e\_\_k.”

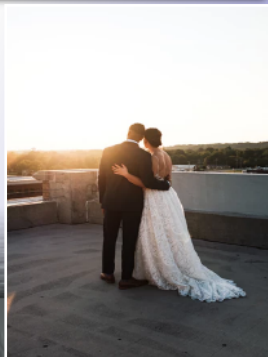
Matthew 5:43, 44 - “L\_\_v\_\_yo\_\_e\_\_em\_\_es.”

Matthew 7:1-5 - Don't be a “h\_\_p\_\_c\_\_t\_\_.”

Matthew 7:12 - Do unto others as you would want them to “do u\_\_o\_\_y\_\_.”

1 Corinthians 13:4-8 - Love “su\_\_ereth lo\_\_”, is “\_\_nd”, is not “p\_\_ffed u\_\_”, “seeketh n\_\_ their o\_\_”, is not “ea\_\_ly pr\_\_voked”, “beareth “al\_\_th\_\_gs.”

**\*Explanation:** The MOST convincing evidence that the Bible is true is the moral values that it teaches. When you apply these moral values to your daily life, your relationships will go much better and you will find yourself much happier and at peace. If everyone in the world followed these values, crime, rape, divorce, war, theft, assault and the need for prisons would cease to exist. Any marriage that applies these principles to their family life will have a much happier marriage and family life with less fighting in the home!



6) What does the Bible say about God's knowledge of the future?  
Isaiah 46:9, 10

- A) God knows some of the events that will take place in the future.
- B) God knows what will happen in the future up to 1000 years in advance.
- C) God knows the end from the beginning and all events that are not yet done.

7) What are some of the most convincing Bible prophecies that have been fulfilled that prove that the Bible is 100% true?

Isaiah 7:14; 53:5, Micah 5:2 - A virgin would "be \_\_\_\_ a son" named "I \_\_\_\_anu \_\_\_\_." This child would be born in "B \_\_\_\_lehem." He would be "w \_\_\_\_nded" on the cross for our "tran \_\_\_\_gr \_\_\_\_ssions" so that we can have eternal life.



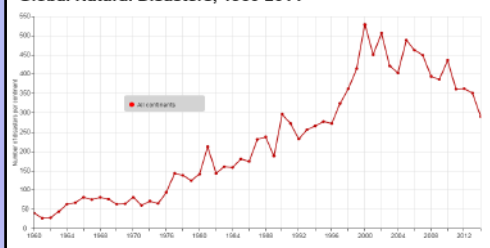
**\*Note: Both Isaiah and Micah prophesied of Jesus' birth approximately 700 years before His earthly conception!**

Daniel 2:31 - The king of Babylon had a dream of a "g \_\_\_\_at im \_\_\_\_g \_\_\_\_." The image represents the 4 empires that would rule the world up until Jesus comes as depicted to the right. The rise and fall of these empires was predicted hundreds of years in advance! The Bible also accurately predicted that there would be no empire after Rome until Jesus comes!



Luke 21:11 - There would be an increase of "ea \_\_\_\_hqu \_\_\_\_kes", "pe \_\_\_\_ilen \_\_\_\_es", [plagues & diseases], and "fe \_\_\_\_ful si \_\_\_\_ts" in the heavens in the last days before the second coming of Jesus Christ.

Global Natural Disasters, 1960-2014



Luke 17:28-30 - The Bible predicts that before the "S \_\_\_\_n of M \_\_\_\_n" is revealed, the nations will become as the "days of L \_\_\_\_" and the people of "Sod \_\_\_\_."

**\*Note: Sodom in Genesis 19 was known for sexual immorality and homosexuality. In fulfillment of this prophecy, same-sex marriage was legalized in America in mid 2015!**



## 7) What historical evidence is there that the Bible is true?



Possible Ark resting spot  
on Mt. Ararat



Ruins of the city Jericho



Ebla, Syria, where the ancient  
clay tablets were found

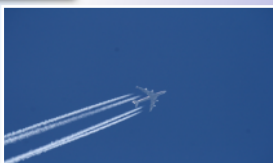
**\*Note:** In 1959, Turkish army captain Lihon Durupinar discovered an unusual shape while examining aerial photographs near the Turkish border with Iran. This shape could very well be where Noah's Ark rested, as it is located on Mount Ararat, which is where the Bible said the Ark came to rest. The shape is also the same size as the ark: 515 feet (300 cubits) long by 50 cubits wide. (See Genesis 6:15). Petrified wood and other ancient artifacts have also been found within this unusual shape. God's Word said that there was a global flood and there is so much evidence that this took place! The walls of Jericho were also found in the 1930's (See Joshua 6). In the 1970's, the Ebla tablets were discovered, which were written in 2300 BC. It mentions Abraham, David and the city of Sodom and Gomorrah. The ruins of Sodom and Gomorrah were also found southwest of the Dead Sea. (See Genesis 19). Archeological findings prove that the bible is TRUE!

## 8) What scientific statements does the Bible make that prove it's truthfulness?

A) Isaiah 40:22 - The prophet Isaiah stated that the earth is a C\_\_CLE approximately 700 BC, which was hundreds of years before scientists came to understand this scientific fact. Many thought that the earth was flat when Christopher Columbus sailed west in 1492 discovering the Americas.



B) Job 28:25 - Job stated the scientific fact that the "WIN\_\_S" have "WEI\_\_T." The discovery that air has weight by Evangelista Torricelli in 1640 was stated by Job thousands of years earlier. This scientific discovery led to the invention of the airplane.



9) What does the Bible say God will give us if we believe His Word and keep His commandments? -Proverbs 3:1, 2; 4:20-22

1 - "LONG L\_\_FE AND PEA\_\_E."

2 - "HEA\_\_H TO ALL THEIR FL\_\_SH."

**\*Note:** If you follow the commandments and especially the Biblical health laws, you will have better health. Drugs, alcohol, cigarettes and anything else that destroys the body will shorten your life on this earth and cause health problems.

**Appeal)** Will you make a decision to build your life upon the Bible? \_\_\_\_.

**\*Download the next lesson at: <https://www.soldiers4christ.us>**